## ABSTRACT OF THE DISCLOSURE

A method for operating a mobile terminal and corresponding mobile radio system, wherein chronological and/or spatial non-use ranges in which use of the mobile phone is not desired are defined for the mobile phone. The mobile radio system continues to monitor whether the non-use ranges have been reached and, if appropriate, initiates an action for the non-use of the mobile phone. In the simplest case, a switch-off request is issued, and in the most extreme case automatic switching off of the mobile phone occurs. In the case of spatial non-use ranges, the mobile radio system continuously monitors the position of the mobile phone within the mobile radio system.

5

10